

**Lynnmed is a world-class facility, staffed by highly skilled healthcare professionals**



## **Working together in multi-disciplinary team to provide the best possible care.**

Lynnmed provides services that fill the gap between Acute hospitals and other types of care. For patients that are too healthy to stay in the hospital, but not yet strong enough to go home. If a resident of Lynnwood Oord needs the service and does not belong to medical aid, there is a special rate on offer.

### **Lynnmed Clinic has offered several services to Lynnwood Oord residents since the beginning:**

1. Emergency call out 24/7
2. Visits in units if residents are sick
3. Dispensing/packaging of medications
4. Blood pressure clinic
5. Advice and assistance where necessary

### **Costs payable for products used:**

1. Injections
2. Wound Care
3. Catheter care
4. Removal of stitches/clips
5. Testing of Blood Glucose, Urine
6. Emergency Oxygen
7. Home care –  
Quotations are given according to the services required
  - Peep in service
  - Bath of residents – 2,3 times a day
  - Daycare – 9 and 12 hours of service
  - 24-hour care

Evaluations of prospective residents are being conducted by the matron Sr Nicky and representatives of the Lynnwood Oord to ensure that new residents will function independently and at the same time be an asset to the Oord.



Occupational Therapists work in various settings to enable patients to actively participate in their daily occupations. This includes going to patients' homes and treating them in their own environment.



**JACLYN ALTON**  
physiotherapists

Because we are on the grounds of Lynnwood Oord, we are also able to assist residents of the Oord with physiotherapy services at home or in our offices.

#### **We can assist with:**

- Joint or back and neck pain
- Musculoskeletal conditions
- Chest infections or lung conditions
- General strengthening and improving mobility
- Advising on mobility aids
- Home exercise programmes



*Theresa Swart*

#### **Why do I need home based Occupational Therapy?**

1. An individual's capabilities can be assessed in their own environment and limitations regarding their function and environment can therefore easily be identified.
2. Treatment can occur with the use of a patient's own equipment in their own environment to ensure that sufficient carry over occurs from therapy sessions to day to day participation .
3. Environmental adaptations can easily be identified and implemented to enable active participation and promote independence in one's own environment.
4. Family members and caregivers can easily be incorporated in treatment sessions to ensure adequate training and optimal carry over occurs.



Jaclyn Alton Physiotherapists are based at Lynnmed Clinic and provide physiotherapy services for patients admitted to the Clinic.

**Lynnmed is 'n wêreldklas fasiliteit, beman deur hoogs gekwalifiseerde gesondheidsorg personeel**



## **Werk saam as 'n multidissiplinêre span om die beste moontlike sorg te verskaf.**

Lynnmed verskaf dienste wat die gaping tussen Akute hospitale en ander soorte sorg vul. Vir pasiënte wat te gesond is om in die hospitaal te bly, maar nog nie sterk genoeg is om huis toe te gaan nie. Indien 'n inwoner van Lynnwood Oord die diens benodig en nie aan mediese fonds behoort nie, is daar 'n spesiale tarief wat aangebied word.

### **Lynnmed Kliniek het sedert die begin verskeie dienste aan Lynnwood Oord inwoners gebied:**

1. Noodoproep 24/7
2. Besoeke in eenhede indien inwoners siek is
3. Reseptering/verpakking van medikasie
4. Bloeddrukliniek
5. Advies en bystand waar nodig

### **Koste betaalbaar vir produkte wat gebruik word:**

1. Inspuitings
2. Wondversorging
3. Kateter sorg
4. Verwydering van steke/knipies
5. Toetsing van bloedglukose, urine
6. Noodsuurstof
7. Tuisversorging –  
Kwotasies word gegee volgens die dienste wat benodig word
  - Inloerdiens
  - Bad van inwoners – 2 keer per dag
  - Dagsorg – 9 en 12 uur diens
  - 24-uur sorg

Evaluasies van voornemende inwoners word deur die matrone Sr Nicky en verteenwoordigers van die Lynnwood Oord gedoen om te verseker dat nuwe inwoners onafhanklik sal funksioneer en terselfdertyd 'n aanwinst vir die Oord sal wees.





Arbeidsterapeute werk in verskeie omgewings om pasiënte in staat te stel om aktief aan hul daaglikse beroepe deel te neem. Dit sluit in om na pasiënte se huise te gaan en hulle in hul eie omgewing te behandel.



**JACLYN ALTON**  
physiotherapists

Omdat ons op die terrein van Lynnwood Oord is, is ons ook in staat om inwoners van die Oord by te staan met fisioterapiedienste by die huis of in ons kamers.

#### **Ons kan help met:**

- Gewrigspyn of rug- en nekspyn
- Muskuloskeletale toestande
- Borsinfeksies of longtoestande
- Algemene versterking en verbetering van mobiliteit
- Advisering oor mobiliteitshulpmiddels
- Tuis oefenprogramme



*Theresa Swart*

#### **Hoekom het ek tuisgebaseerde arbeidsterapie nodig?**

1. 'n Individu se vermoëns kan in hul eie omgewing geassesseer word en beperkings ten opsigte van hul funksie en omgewing kan dus maklik geïdentifiseer word.
2. Behandeling kan plaasvind met die gebruik van 'n pasiënt se eie toerusting in hul eie omgewing om te verseker dat voldoende oordrag plaasvind vanaf terapiessessies na dag-tot-dag deelname.
3. Omgewingsaanpassings kan maklik geïdentifiseer en geïmplementeer word om aktiewe deelname moontlik te maak en onafhanklikheid in 'n mens se eie omgewing te bevorder.
4. Familielede en versorgers kan maklik by behandelingsessies geïnkorporeer word om te verseker dat voldoende opleiding en optimale oordrag plaasvind.



Jaclyn Alton Fisioterapeute is gebaseer by Lynnmed Kliniek en verskaf fisioterapie dienste vir pasiënte wat in die Kliniek opgeneem is.